

Menu 4 of 5 Date: \_\_\_\_\_

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Breakfast Burrito (Egg/Cheese)				
Grain/Bread	Flour Tortilla	WW Toast w/ Peanut Butter	Shredded Wheat	WW English Muffin	Waffles
Fruit/Veggie	Potato/Salsa/Peppers	Pears	Strawberries	Cantaloupe	Raspberries
Milk	Whole/1%	Whole/1%	Whole/1%	Whole/1%	Whole/1%
<b>Lunch</b>	Turkey Dinner	Chicken Nuggets	Vegetable Lasagna	Chili	Bagel Sandwich
Grain/Bread	Dinner Roll	Breading	noodles	Corn Bread	WW Bagel
Meat/Meat Alt.	Turkey w/ Gravy	Chicken (white meat)	Beef and cheese	Ground Turkey	Ham/Cheese
Fruit/Veggie #1	Corn/Mashed Potatoes	HM French Fries	Tomato Sauce/ broccoli/Carrots	Kidney Beans	Lettuce/Tomato
Fruit/Veggie #2	Fruit Salad	Plum	Grapes	Pineapple	Green Apple
Milk	Whole/1%	Whole/1%	Whole/1%	Whole/1%	Whole/1%
<b>AM Snack</b>					
Select 2 components	Mango	Bagel w/cream cheese	Cottage Cheese	Tortilla	Hard Boiled Egg
	Crackers	banana	Peaches	Peanut Butter	Oranges
<b>PM Snack</b>			Grilled Cheese		
Select 2 components	WW bread	Cranberry Muffin	WW Bread	Breadstick	Corn Bread
	Chicken salad	Milk	Cheese	Apple Juice	Carrots

Whole milk will be provided for children 1-2 years of age and 1% milk will be provided for all children over the age of 2.

Water is offered with all meals.

All juices served are 100% fruit juice.

This institution is an equal opportunity provider.